

USER RECOMMENDATIONS

(VERY IMPORTANT)

Once you get your OrthoMouse, please keep in mind that even though it is a mouse, it is different, and we kindly ask you to read the user's manual (available in the CD that comes with the OrthoMouse but can also be downloaded from www.orthovia.com > english > orthomouse > manual) and observe the postures suggested in the manual and video so that you will be able to benefit from all the comfort it will provide you with.

Please pay attention to the fact that your hand upon the OrthoMouse should respect strictly the POSITIONING illustrated in Fig.2 (Page 5). At least 2/3 of your forearm should be supported on the desk. You may try various combinations of shape and size to define which one fits best your hand, fingers and the use you give your computer regularly.

If your desk does not have the space for your forearm to rest, we suggest that you consider changing it, if you are interested in protecting your hand and your health. This happens because when the arm is kept hanging from your shoulder for hours a day, it may cause you pain or trouble in your shoulders, elbow and/or neck.

Please configure the relationship between mouse and cursor movement as shown in pages 9 and 10 of the user's guide. This is VERY IMPORTANT for the general experience of using the ORTHOMOUSE and to fully benefit from the unique precision and comfort the OrthoMouse offers.

It is expected that the user should take sometime in order to reach maximum comfort and fully benefit from the OrthoMouse (the use of a regular mouse obliges the hand to adopt awkward positions while working - and thus we acquire and incorporate bad habits). And it is expected that the user will make the effort to change his posture and learn to relax his/her hand while operating the OrthoMouse.

If your hands are relatively small, the best combination for the mouse is the one with the longest adapter in the bottom. This will keep your hypotenar eminence supported on the OrthoMouse, and the tip of your fingers will reach the bottom of the buttons (the main buttons) at their lower part, where clicking is the softest (it takes very little effort to click, really). It will also make the access to the thumb buttons more comfortable and natural. Using the smallest adaptor with small hands, on the other hand, will make you have the impression that the buttons are harder than they should be, and the buttons of the thumb will be more difficult to reach.

Please do also remember that – differently from what happens with other mice – your entire hand should embrace the OrthoMouse, and the entire palm of the hand (including the so called “hole of the hand”) and fingers should be supported by the OrthoMouse surface. And pay attention that your fingers remain relaxed on the buttons – this is the hardest habit to break: usually as soon as we look back at the screen, the fingers get tense again.

We would really appreciate it if you find the time to tell us – after around 2 weeks – what your experience with the OrthoMouse has been.

We have **two videos in Youtube** that may help introduce the correct positions/form of using the Orthomouse to new users. They complement the user’s manual and you can go back and see them again, after you have started working with the OrthoMouse, to see if you are observing all the details. You will find them in the links below, or in the CD that comes with the OrthoMouse:

Orthomouse Right Posture: <http://www.youtube.com/watch?v=k648vqotUhl>

Orthomouse Buttons: <http://www.youtube.com/watch?v=okFApZBOaTM>

Please note that the videos in you tube do not have a soundtrack. The images are self explanatory, and thus can be understood independent of the language of the viewer.

Do not hesitate in contacting us should you have any doubts or trouble. We are available through:

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It will be our pleasure to hear from you.

Kind regards,

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